

## HOCKEY

### ■ Highlights from 2008

2008 Was an extremely successful year for the SASI Hockey program. Many new initiatives were undertaken and a wide range of athletes were exposed to the new SASI culture and some new coaching techniques/strategies, coupled together with state of the art technology.

Both of our National Hockey League teams had their most successful campaigns in over a decade with the Women's Southern Suns team finally lifting themselves off the bottom of the table into 5<sup>th</sup> position, whilst the men placed in 6<sup>th</sup>. More than 80% of our SASI athletes were involved in these campaigns in the toughest league in the world and applied themselves extremely well with the new SASI diligence and hardnosed approach to being an athlete. **Deanne Gilbert** was selected in the National Development squad whilst **Grant Schubert** continued to excel at the top level and was included in the Kookaburras Olympic squad for Beijing and ultimately going on to win a bronze to add to his gold from Athens.



With a large focus on youth within both male and female SASI squads for 2008 we saw continual rapid progression from many of our athletes culminating in some fantastic results for our SA junior teams. Our under 21 women in particular shone through with a third placing in Hobart and the inclusion of **Bianca Greenshields** and **Georgie Parker** in the National Junior World Cup program. Bianca has also recently returned from a 3 week A.I.S tour of Europe straight to Junior World Cup qualifiers in Brisbane.

**Tom Wickham** will soon put on the green and gold for the first time as part of the Australian contingent at the Australian Youth Olympics along with Georgie Parker and another tournament on the very busy hockey calendar for Bianca Greenshields. We wish them all the best of luck and have no doubt they will do SASI proud given the amount of preparation they have put in.

### ■ SASI Hockey Intra Series 08

The SASI intra series was unequivocally the most successful ingredient on the SASI Hockey programs 2008 calendar. The concept of this series was to play games with our best kids pitted against each other and they were put through a range of experiences that the challenges of touring and playing games allow. A competitive in-house/internal competition, comprising of two men's and two women's teams. The competition was staged over four weeks, and involved two home matches and two away matches held in Berri for the women and Port Lincoln for the men.

The lack of quality match competition has been identified as a weakness in the SASI Hockey Program over a number of years, so the series was developed to bridge the gap and provide opportunities to simulate a National League Championship competition.

The series was a huge success and we would like to thank all those involved. The series has already been reaping benefits for many in our junior systems and the concept will absolutely be included in the 2009 calendar.

### ■ GP1 Regatta Results

SASI Canoe Sprint athletes have kicked the 2008/09 National GP Regatta Series off on a good note. Conditions at West Lakes last weekend were less than perfect with rain, strong winds and extremely choppy conditions but all athletes handled the conditions well and produced some outstanding performances. This regatta also doubled as selection for the National U19 team to represent Australia at the 2009 Australian Youth Olympic Festival (AYOF) to take place in Sydney in January - 18 athletes were selected from across Australia with 8 being selected from SASI – **Glenn Rypp, Luke Haniford, Laurence Fletcher, Jeremy Petho, Tom Boerema, Adrian Laub, Fiona Kidd** and **Kate Ferguson** these selections are a credit to the athletes and the professional coaching and leadership provided by SASI scholarship coach Kate Barclay.

#### Regatta results (500m and 1000m)

Open K1 1000m 1st Chad Alston, 2nd Luke Morrison

Open K1 500m 1st Matthew Goble

Open LK1 500m 2nd Hannah Davis

Open K2 500m 2nd Matthew Goble/Luke Morrison

Open LK2 500m 1st Hannah Davis/Jo Brigden-Jones (NSWIS), 2nd Mieke Boerema/Sarah Dehey

Open LK2 1000m 1st Mieke Boerema/ Sarah Dehey

Open K4 1000m 2nd Chad Alston/Luke Haniford

U18 K1 1000m 1st Glenn Rypp, 3rd Luke Haniford

U18 K1 500m 1st Glenn Rypp

U18 LK1 1000m 3rd Fiona Kidd

U18 K2 1000m 1st Laurence Fletcher/Jeremy Petho, 3rd Tom Boerema/Adrian Laub

U18 K2 500m 1st Laurence Fletcher/Jeremy Petho, 2nd Glenn Rypp/Luke Haniford

U18 LK2 500m and 1000m Kate Ferguson/Fiona Kidd - 3rd on both distances

SASI Kayakers have also been excelling out of the water with SASI and AIS scholarship holder **Anna Haymes** winning UniSA's top scholarship for graduating physiotherapists.

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## SAILING

### ■ Sydney International Regatta

SASI Athletes achieved exceptional results at the Sydney International Regatta held in Sydney Harbour from the 6<sup>th</sup> – 9<sup>th</sup> December.

**Shane Hughes** and **Felix Patterson** won the Men's Open 470 class and **James Paterson** won the Finn class. SASI Athlete **Catherine Shanks** and her partner Georgie Kemp from Port Lincoln won the Women's 470 Class.

Coach Brendan Todd was very pleased with results saying that it was quite an achievement for our sailors as the inland waters of Sydney Harbour are foreign to our athletes.

### ■ Highlights from 2008

This week the newly established National Rowing Centre of Excellence is holding its first National Camp for Under 23 and Senior rowers. Nine SASI rowers, along with SASI High Performance Coach Zoltan Shepherd, were invited to, and are attending, this camp at the AIS in Canberra. The successful invitees were **Ned Kinnear, Matt Bolt, Bryn Coudraye, John Jackson, Sam Martin, Tom Shelton, Laura Osti, Maja Fiddler** and **Sal Causby**. Big boat training and a series of competitions and tests are putting these athletes through their paces in the lead up to Christmas, with a view to identifying likely Australian team members for 2009.

Meanwhile, back in Adelaide, the South Australian Youth Olympics Rowing team, comprised primarily of SASI scholars, has been on training camp at West Lakes, preparing for both the small and big boat races they face at the Youth Olympic Festival in Sydney in mid January.

The final SASI/NTC Rowing 4.8km time trial for the year and season will be held on West Lakes this Friday, December 19. The running, timing and processing of results for this will be Adrian David's final official duty as SASI Rowing Head Coach before he bids farewell from the position this week. Large entries from all sectors of the rowing community including Club, masters and schools are anticipated again.

SASI scholars have one week out of the boat over the Christmas break to focus on cross training such as swimming, cycling and running before returning afresh to commence intensive in-boat training at camps to be held in Canberra and the Murrayland from early in the New Year.

## NETBALL

### ■ Magarey Shield

SASI Scholarship holder **Tamsin Petzer** was presented with the Magarey Shield at the end of year ceremonies held at her school Blackwood High recently. This award is presented by a member of the Magarey family and is awarded to the Year 10 Student with the strongest achievements in academic excellence, citizenship, service and sport.

